





# CHALLENGE SUCCESS

Ardsley High School  
October 23, 2018



# Team Members

Administrators - Layne Hudes, Rudy Arietta, Jon Hirsch;

Teachers - Jessica Baptiste, Alyson Tina;

Counselors - Monique Johnson, Tara Wright;

Students - Fiona Hughes, Jason Krumper;

Parent - Ferna Sherman.

# Background on Challenge Success

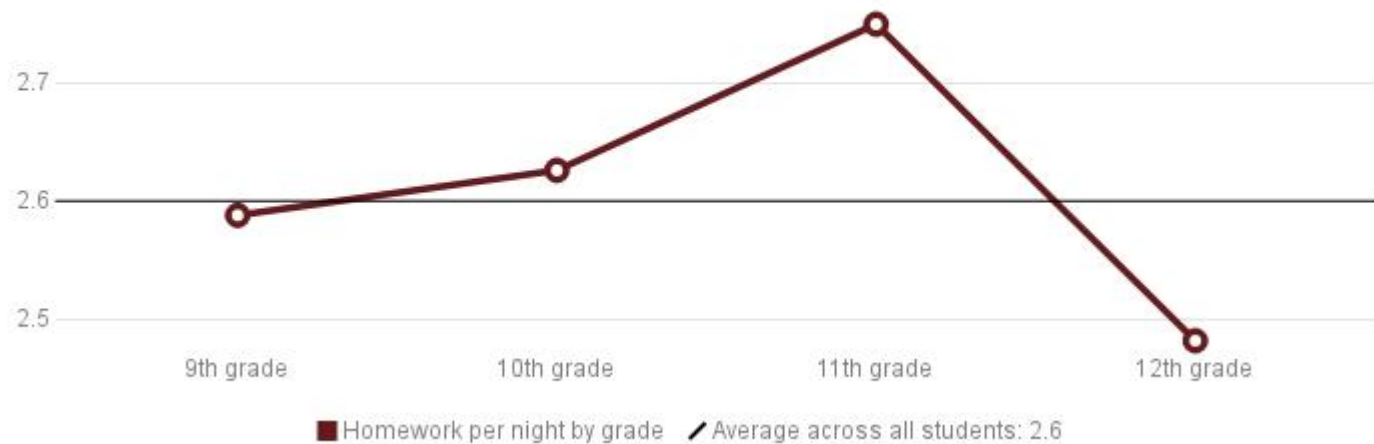
- Founded in July 2007 at Stanford University by Madeline Levine, Jim Lodbell, and Denise Pope;
- Response to an increase in the number of academic and emotional problems among students, particularly those in high achieving schools ;
- Goal is to provide schools and families with the information and strategies they need to create a more balanced and academically fulfilling life for their children;
- Challenge Success conducts research, administers surveys, shares best practice, hosts conferences, and provides support to participant schools.

Source: [www.challengesuccess.org](http://www.challengesuccess.org)

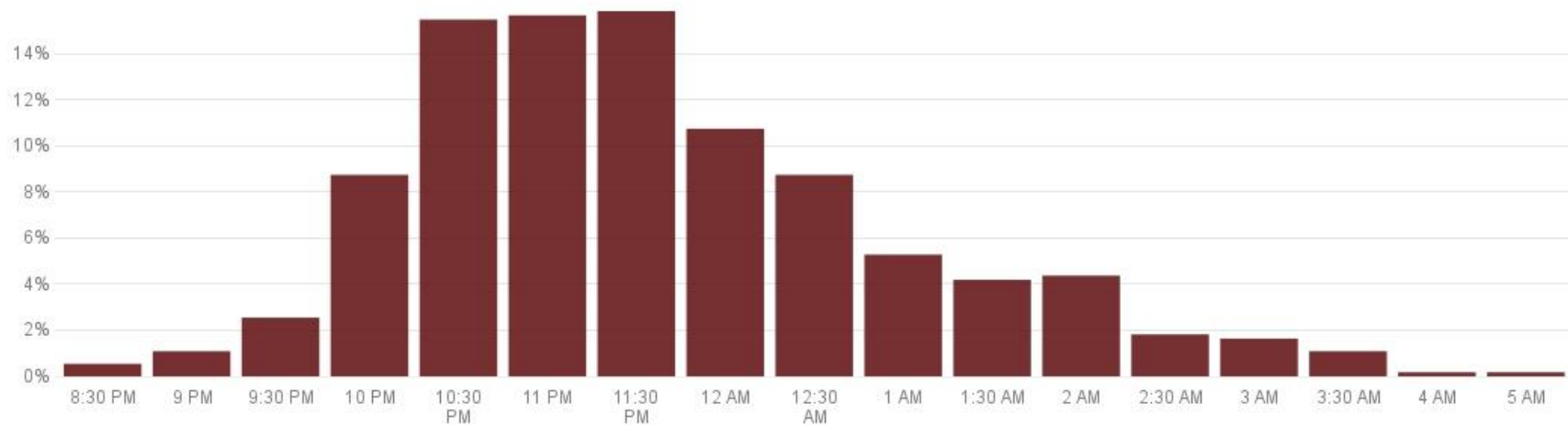
# Ardsley Participation

- Survey was administered to students in grades 9-12 in May 2018;
- Creation of Ardsley High School Challenge Success team;
- Two conference calls with Challenge Success staff in late Spring and early Summer to review results;
- Attendance at conference in September by team:
  - Met with coach.
  - Attended workshops;
  - Planned next steps.
- Presentation of Executive Summary to AHS Faculty in early October;
- Creation of Follow Up Survey for AHS faculty.

## Average weeknight homework by grade

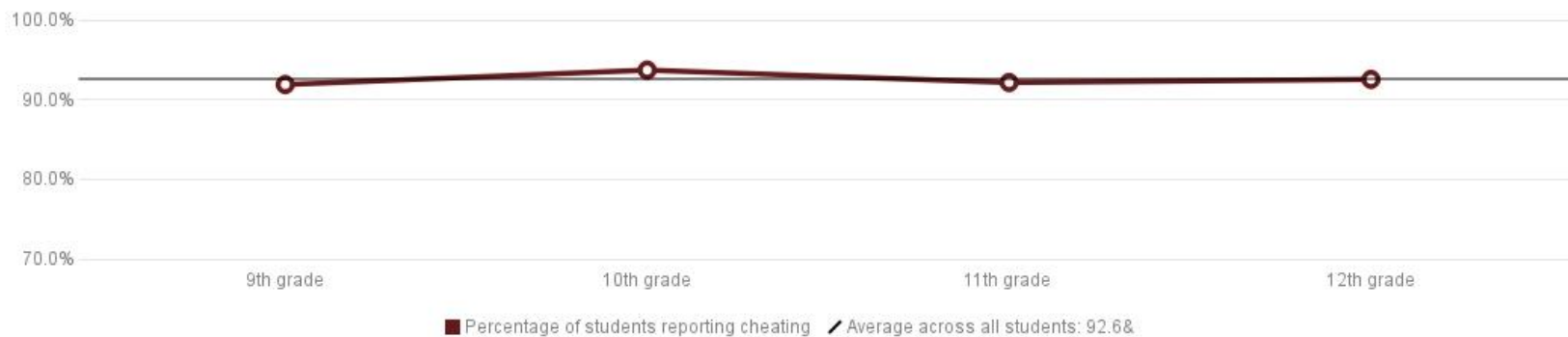


## What time students go to bed on weekdays, distribution of responses 549 Responses



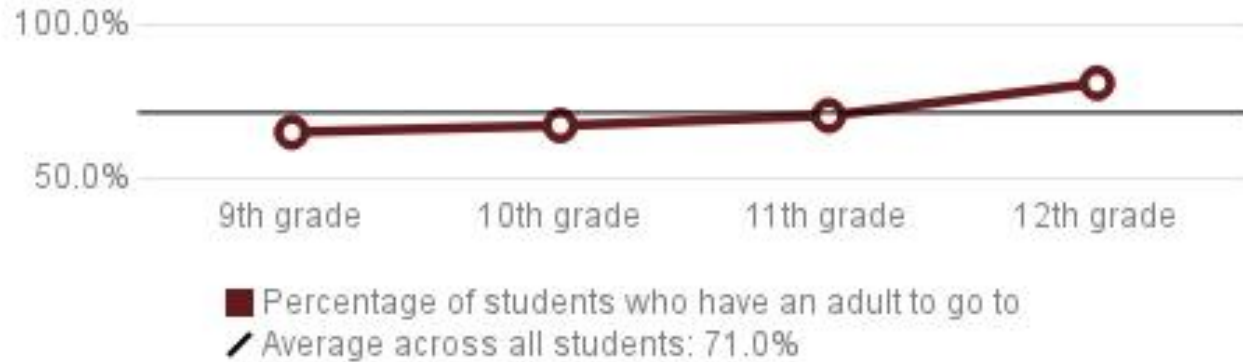
**Our students get an average of 6.5 hours of sleep on weeknights. Recommended amount of sleep for adolescents is 9 hours.**

## Percentage of students who report cheating by grade



**92.5 % of our students report cheating in at least one way in the past year.**

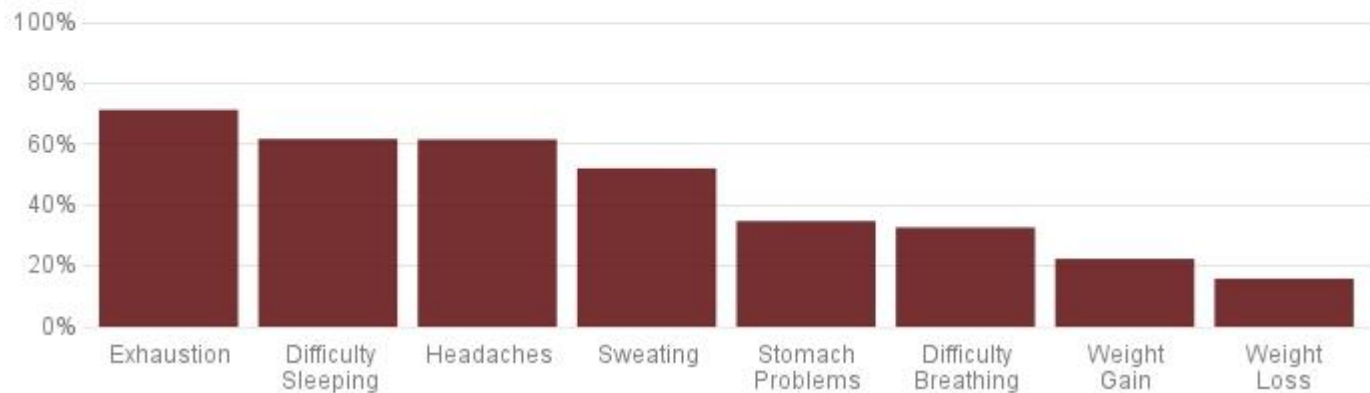
## Percentage of students who feel they have an adult at school they can go to by grade



**71% of our students feel they have an adult at school who they can go to.**



Percentage of students reporting each of the following stress-related health symptoms in the past month ⓘ 545 Responses ⌵



**86.5% of our students report at having at least one health symptom in the past month.**

# Next Steps

- Sharing Information
- Engaging Faculty in Richer Conversation
- Working with Challenge Success Coach
- Engaging Students to gain an insight about their experiences
- Short Term Responses
- Long Term Plans