








February 2024

ARDSLEY HS | LUNCH MENU

Student Lunch \$3.00
Adult Lunch \$5.02 + tax
 All Lunch **MUST** include
 Choice of:
 Fruits or
 100% Fruit
 Juice and may
 include:
 1% low-fat
 milk

**Powering
 potential.™**

MON	TUES	WED	THURS	FRI
			Cheese ravioli ¹ WG breadstick Roasted green beans	BYO burger bar ² Assorted condiments Fries Carrot coins
Grilled chicken pasta ⁵ primavera WG garlic breadstick Roasted broccoli	Chicken and cheese ⁶ fajita, cilantro lime rice Roasted corn and black beans	Brunch for Lunch ⁷ French Toast Sticks, (T) sausage, tots and syrup	Chicken and ⁸ vegetable fried rice Peas and carrots	Greek beef gyro ⁹ Lettuce, tomato, roasted onions & tzatziki sauce & Waffle Fries
Breaded chicken ¹² drumsticks, mashed potato w/ gravy Steamed corn	Beef nachos with ¹³ cheese sauce, salsa, sc, lettuce and tomato Seasoned red beans	Spaghetti and beef ¹⁴ meatballs, WG garlic breadsticks Roasted cauliflower	Boneless wings w/ BBQ ¹⁶ or hot sauce & WG breadstick Tots Celery sticks	Chicken cheesesteak ¹⁶ on a roll w/ fries Roasted squash
 ¹⁹	 ²⁰	 ²¹	 ²²	 ²³
Chicken cordon bleu ²⁶ w/ brown rice Steamed broccoli	Chicken and cheese ²⁷ burritos, seasoned rice and beans w/ sc and salsa Steamed corn	Baked ziti ²⁸ WG garlic breadstick Steamed spinach	Sweet and sour chicken ²⁹ w/ lo mein noodles Roasted brussels sprouts	

Menus are subject to change.



Alternate Daily Meals:
 Apples, Oranges and Carrots
 Plain or Pepperoni Pizza
 Spicy or Plain Chicken Patty
 Cheeseburger/ Hamburgers
 Fresh Fruit Smoothies
 Fresh Fruit Parfaits with Granola

All Lunches Must
 Include Choice of:
 Fruits and/or
 Vegetable
 And May Include:
 1% Low-Fat Milk



This institution is an equal opportunity provider.








February 2024

ARDSLEY HS | BREAKFAST MENU

Student Breakfast
\$2.00
Adult Breakfast
\$2.71 + tax
 All Breakfasts **MUST** include
 Choice of:
 Fruits or
 100% Fruit
 Juice and may
 include:
 1% low-fat

Powering potential.

MON	TUES	WED	THURS	FRI
			Cheese omelet, WG breadstick & hashbrown Fresh apples ¹	(C) sausage, egg, and cheese on a biscuit Fresh berries ²
Egg and cheese on a biscuit Tots Fresh oranges ⁵	Bacon, egg, and cheese burrito Fresh apples ⁶	Warm apple frudel w/ (T) sausage Fresh grapes ⁷	Ham, egg, and cheese on a bagel Apple slices ⁸	WG waffles w/ syrup and (T) sausage Fresh berries ⁹
Ham, egg, and cheese on a WG kaiser roll Fresh sliced apples ¹²	(C) sausage, egg, and cheese on an English muffin Fresh grapes ¹³	WG waffles w/ syrup and bacon Fresh apples ¹⁴	French toast sticks w/ syrup and (T) sausage Fresh oranges ¹⁵	Ham and cheddar scramble on toast Apple sauce cup ¹⁶
 ¹⁹	 ²⁰	 ²¹	 ²²	 ²³
(T) Sausage and hashbrowns Fresh oranges ²⁶	(C) sausage, egg, tot and cheese burrito Fresh apples ²⁷	Bacon, egg, and cheese on an English muffin Fresh grapes ²⁸	French toast sticks w/ syrup and ham Fresh apple slices ²⁹	

Menus are subject to change.



Alternate Daily Meals:
 Apples, Oranges and Carrots
 Plain or Pepperoni Pizza
 Spicy or Plain Chicken Patty
 Cheeseburger/ Hamburgers
 Fresh Fruit Smoothies
 Fresh Fruit Parfaits with Granola

All Breakfasts Must
 Include Choice of:
 Fruits and/or
 Vegetable
 And May Include:
 1% Low-Fat Milk



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