








February 2024

ARDSLEY MS | LUNCH MENU

Student Lunch \$3.00
Adult Lunch \$5.02 + tax
 All Lunch MUST include Choice of:
 Fruits or 100% Fruit Juice and may include:
 1% low-fat milk

Powering potential.

MON	TUES	WED	THURS	FRI
			Roasted chicken w/ yellow rice Black beans Carrot coins ¹	Sausage and peppers with tots Roasted green beans Apple sauce cup ²
Grilled chicken pasta primavera ⁵ WG garlic breadstick Fresh grape cup	Beef burrito bowl w/ salsa, sc, cheddar and brown rice Black beans Fresh apples ⁶	Spaghetti and beef meatballs, WG garlic breadsticks Roasted broccoli Apple sauce ⁷	Chicken and vegetable fried rice peas and carrots Orange wedges ⁸	Breaded chicken drumsticks, mashed potato w/ gravy Steamed spinach Fresh bananas ⁹
Pasta with meat sauce, WG breadstick Roasted cauliflower Fresh orange wedges ¹²	Soft chicken tacos Lettuce, tomato, cheddar and sc Roasted corn Fresh grapes ¹³	Brunch for Lunch French Toast Sticks, egg patty and syrup Fresh berry cup ¹⁴	Boneless wings w/ BBQ or hot sauce & WG breadstick Tots Celery sticks ⁵	Chicken cheesesteak on a roll w/ fries Roasted squash Fresh apple slices ¹⁶
 ¹⁹	 ²⁰	 ²¹	 ²²	 ²³
Cheese ravioli, WG breadstick Steamed green beans Fresh apples ²⁶	Seasoned Beef nachos, cheese sauce, salsa & sour cream Roasted corn Fresh orange wedges ²⁷	Chicken Alfredo w/ penne WG garlic breadstick Peas and carrots Fresh grapes ²⁸	Sweet and sour chicken w/ brown rice Roasted broccoli Apple sauce cup ²⁹	

Menus are subject to change.



Alternate Daily Meals:
 Apples, Oranges and Carrots
 Plain or Pepperoni Pizza
 Spicy or Plain Chicken Patty
 Cheeseburger/ Hamburgers
 Fresh Fruit Smoothies
 Fresh Fruit Parfaits with Granola

All Lunches Must Include Choice of:
 Fruits and/or Vegetable
 And May Include:
 1% Low-Fat Milk



This institution is an equal opportunity provider.