




May 2022

ARDSLEY MIDDLE SCHOOL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Special News... Included Daily with Each Meal: Fresh Fruit, 100% Juice, Fat Free Milk and Skim Milk. Alternate Daily Entrees: pre-made Sandwiches, Salads, and Oven fresh Pizza slices Carrot sticks available daily. Locally grown Fruits & Vegetables A la carte items also available for additional charge payable by cash or with a positive balance on account. <small>Menus are subject to change without notice.</small>
2 Homestyle Baked Macaroni & Cheese w/ WG Breaded Fish Whole grain Breadstick Roasted Zucchini	3 Chicken & Cheese Burrito WG White Meat Chicken Sweet Potato Fries	4 Pasta & Meatballs Beef meatballs Marinara sauce WG Breadstick Green Salad	5 Cheesy Quesadillas Chicken or Veggie Salsa & Sour Cream Black Beans	6 Hot Dog Turkey Frank on a WG bun Sweet Corn Mac and Cheese	
9 WG Breaded Chicken Drumstick Whipped Potatoes Sweet Carrot Coins WG Biscuit	10 General's Chicken WG Chicken Bites Pepper & Onions Brown Rice Steamed Broccoli Chilled Edamame	11 Jumbo Cheese Ravioli Marinara sauce Whole grain Breadstick Garden Salad	12 Fish Tacos WG Breaded Fish tenders WG Tortilla Chipotle Coleslaw Cheddar Cheese Pinto Beans	13 Chicken Patty Melt WG Roll, Swiss & Honey Mustard Waffle Fries Stewed Green Beans	
16 Italian Meatball Sub Beef Meatballs Marina sauce WG Roll Blanched Broccoli	17 Corn Dog Chicken Corn Dog Creamy Coleslaw Vegetarian Baked Beans	18 Chicken & Waffles WG Breaded Chicken WG Waffle Steamed Carrots Hashbrown Potato	19 Chicken Alfredo Pasta Grilled Chicken Filet WG Breadstick Fresh Garden Salad	20 Tomato Soup & Grilled Cheese on WG Bread Celery Sticks Chilled Edamame	
23 Beef Meatloaf Mashed Potatoes & Gravy Steamed Peas WG Biscuit	24 Chicken Nachos Seasoned Chicken WG Tortilla Chips Lettuce Tomato & Salsa Brown Rice Sweet Corn	25 Italian Baked Ziti Pasta marinara, mozzarella WG Breadstick Garden Salad Celery Sticks	26 BBQ Cheeseburger WG Roll Baked Beans Garden Salad	27 WG White Meat Chicken Bites WG Breadstick Steak Fries Steamed Carrots	
30 	31 Chicken Tender Plate White Whole Meat Chicken Steamed Corn WG Biscuit & Coleslaw				

This institution is an equal opportunity provider.

Students can enjoy one FREE Breakfast & Lunch for the '21-22 School year. Second meal \$2.75.
 Adult Lunch \$5.02 and Breakfast \$2.71, plus tax.
 For food allergies or other concerns please contact the Foodservice Manager, Eric Lazo @ 914-295-5557 or elazo@ardsleyschools.org

