






January 2024

CONCORD | LUNCH MENU

Student Lunch \$2.75
Adult Lunch \$2.71 + tax
 All Lunch MUST include Choice of: Fruits or 100% Fruit Juice and may include: 1% low-fat milk

Powering potential.

MON	TUES	WED	THURS	FRI
 ¹	 ²	³ Cheese Ravioli, with WG breadstick Bacon Cheeseburger Steamed green beans	⁴ Chicken fried rice Chicken tenders with WG breadsticks Carrot coins	⁵ Fresh baked cheese/pepperoni pizza Chicken patty sandwich, tots Caesar salad
Pizza crunchers, WG breadsticks Grilled cheese Roasted broccoli	⁶ Beef burrito bowl w/ salsa, sc, cheddar and brown rice Nuggets, WG breadsticks Black beans	¹⁰ Chicken Alfredo w/ penne, WG garlic breadstick Philly cheesesteak, tots Peas and carrots	¹¹ French toast sticks, (C) sausage and syrup Hot dog on WG bun hashbrowns	¹² Fresh baked cheese/pepperoni pizza Chicken patty sandwich Fries Garden salad
 ¹⁵ MLK Day	¹⁶ Chicken fajita w/onions, peppers, brown rice & salsa Tenders, WG breadsticks and tots	¹⁷ Baked ziti w/ WG garlic breadsticks Nuggets and fries Celery sticks	¹⁸ Boneless wings w/ fries & WG breadstick Sausage and peppers on a roll Roasted squash	¹⁹ Fresh baked cheese/pepperoni pizza Chicken patty sandwich tots Caesar salad
²² Breaded chicken drumstick, WG breadstick, mashed pot. Grilled cheese Steamed carrots	²³ Beef nachos, cheese sauce, salsa & sc Chicken patty sandwich & fries Steamed corn	²⁴ Roasted chicken w/ yellow rice Bacon grilled cheese Fries Roasted cauliflower	²⁵ (T) sausage, WG waffle, and syrup Cheeseburger and hashbrowns	²⁶ Fresh baked cheese/pepperoni pizza Chicken patty sandwich Fries Garden salad
²⁹ Spaghetti w/ beef meatballs, WG garlic breadsticks Chicken parm. Sub Steamed broccoli	³⁰ Soft chicken tacos Lettuce, tomato, cheddar and sc Cheese quesadilla Black beans	³¹ Mac and cheese w/ fish sticks Beef hot dog Steamed corn		

Menus are subject to change.



Alternate Daily Meals:
 Bagel Packs with Cheese Stick and Yogurt
 Apples, Oranges and Carrots
 Pre-made Ham (P) and Turkey Sandwiches
 Pre-made Assorted Salads
 Fresh Fruit Smoothies
 Fresh Fruit Parfaits with Granola

All Lunches Must Include Choice of:
 Fruits and/or Vegetable
 And May Include:
 1% Low-Fat Milk



This institution is an equal opportunity provider.