



# Concord Road Elementary

## October 2022

**MEATLESS MONDAY**

3

### Bean & Cheese Nachos

WG Tortilla Chips  
Sweet Golden Corn  
Diced Tomato

4

### Chicken & Waffles

White Meat  
Chicken Tenders  
WG Waffle  
Steamed Broccoli

5



6

### Chicken Soft Tacos

Chicken Taco meat  
Coleslaw  
Green Beans

7

### Fresh Baked Cheese or Pepperoni WG Pizza

Celery Sticks  
w/ Lite Ranch

*Pepperoni contains pork*

10

### Columbus Day Indigenous People's Day



11

### Penne Pasta & Meatballs

Beef Meatballs  
Marinara sauce  
WG Breadstick  
Green Peas

12

### Chicken Nachos

Chicken taco meat  
Cheddar cheese garnish  
Shredded Romaine  
Diced Tomatoes

13

### Mac & Cheese w/ Fish Tenders

Steamed Carrots  
WG Dinner Roll

14

### Fresh Baked Cheese or Pepperoni WG Pizza

Chilled Edamame

*Pepperoni contains pork*

17

### Italian Baked Ziti

Pasta Marinara,  
mozzarella  
Roasted Cauliflower  
WG Breadstick

18

### WG Breaded Chicken Drumstick

Mashed Potatoes w/  
Chicken Gravy  
Red Pepper Batons  
Warm WG Biscuit

19

### Brunch for Lunch

WG French Toast Sticks  
Chicken sausage patty  
Hash brown Potato  
HFCS-free syrup

20

### Steamed Asian Dumplings

filled with Chicken and  
Vegetables  
WG Rice  
Chilled Edamame

*Dumplings contain sesame*

21

### Fresh Baked Cheese or Pepperoni WG Pizza

Fresh Garden Salad

*Pepperoni contains pork*

24

### Grilled 3 Cheese Sandwich

WG Bread  
w/ American Swiss &  
Cheddar cheese  
Sweet Potato Fries

25

### Penne Pasta & Meatballs

White Meat Chicken  
Marinara &  
Mozzarella  
Steamed Broccoli  
WG Breadstick

26

### Mac & Cheese w/ Fish Tenders

Sweet Golden Corn  
WG Breadstick

27

### Crispy Orange Chicken

White meat chicken  
w/ WG Brown rice &  
Chilled Edamame  
Asian Coleslaw

28

### Fresh Baked Cheese or Pepperoni WG Pizza

Chilled Baby Carrots  
w/ Lite Ranch

*Pepperoni contains pork*

31

### Jumbo Cheese Ravioli

Marinara Sauce  
Green Peas  
WG Breadstick



\*Meatless Monday refers to the main meal offering of the day only. All other daily food options are available on Mondays.

Student Lunch \$2.75, Student Breakfast \$2.00  
Adult Lunch \$5.02 and Breakfast \$2.71, plus tax.  
For food allergies or other concerns please contact the  
Foodservice Manager, Eric Lazo @ 914-295-5557 or  
elazo@ardsleyschools.org

Lunch includes choice of Fresh Fruit, 100% Juice. Milk, Fat Free Milk & Skim Milk. Other meal options include daily pre-made Deli Sandwiches, Crispy Chicken Caesar Salads, and Bagel's with 2 string cheese. Locally grown Fruits & Vegetables  
A la carte items also available for additional charge payable by cash or with a positive balance on account.