

AHS

Spotlight on Success

Highlighting the remarkable efforts and accomplishments of our students and faculty



Glamour Gals

As I continue to learn more about our students, teachers and programs, I am constantly awed at the level of talent, dedication and passion I see in so many. I have especially been impressed with the many civic activities our students are championing and wanted to begin providing the community with highlights of some of the remarkable efforts and accomplishments of our students and faculty. I hope you enjoy our first “Ardley High School Spotlight on Success” featuring the AHS Glamour Gals.



While the name “Glamour Gals” conjures images of a bunch of girls chatting about fashion and beauty, nothing could be further from the truth. Ardsley High School’s Glamour Gals are part of a national organization dedicated to inspiring conversation and companionship to seniors in our community. Statistics say that 60% of the 1.4 million residents in senior homes never receive visitors and are at 59% greater risk for mental and physical decline.



Two Sundays a month, our Glamour Gals visit Atria Assisted Living to provide conversation and complimentary manicures to the residents. In addition, three times a year, they go to Andrus-on-Hudson Nursing Home. Not only do the residents feel more beautiful and alive, they truly value the inter-generational interactions with our students. Sharing stories and experiencing the kindness of our students brings smiles and joy to many faces. It is also extremely rewarding to our students.



“I have been involved in Glamour Gals for four years and it is so rewarding! Time can move slowly for a resident and it is nice to know that our visits brighten their day. Plus we all love to be pampered in some way,” said Hanna Glehan, Treasurer for the AHS Glamour Gals club. “Glamour Gals not only paints nails, but also provides companionship. Very often, we are the only visitors the residents may have that day. We talk about their past, their families, and answer questions about our lives and interests. Glamour Gals bridges the gap between generations and we all come away richer because of it.”

Last year alone, this club gave over 150 manicures! They also ran fund-raising events and donated \$1,000 to organizations fighting Lupus and Alzheimers. Multiplied by the number of years AHS has had a Glamour Gals Club, the impact to our senior community is immeasurable and inspiring.

Please join together in recognizing our 2019/20 Glamour Gals and their advisors:

Officers: Helen Reed (12th grade), President; Hannah Glehan(12th), Treasurer; Alexa Raxenberg(12th), Vice President; Jaime Rubino (11th), Public Relations

Participants: Julia Bolienger (12th), Ella Sokich (9th), Daniela Spiniello (9th), Julia Edelstein (10th), Emily Fitzsimmons (11th), Arielle Lvovsky, (10th), Kaleigh Silverstein (11th), Karenna Best (10th), Nina Akker (12th), Angelina Hughes (10th), Lauren Gowran (10th), Isabella DiMartino (10th), and Penelope Rueda (11th);

Club Advisors: Emily Spilotras and Midge DiMaria

Sincerely,

Danielle Trippodo

